

WEEK # 3

Menu 2018

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Breakfast Menu Items For The WeekOatmeal
Cold Cereal
Cream of WheatEggs Any Style

BaconToast

Assorted Muffins

Milk

Assortment
Of Fruit JuicesTea

Coffee1/2 Grapefruit
1/2 Orange
Bananas

	7-Oct MONDAY	8-Oct TUESDAY	9-Oct WEDNESDAY	10-Oct THURSDAY	11-Oct FRIDAY	12-Oct SATURDAY	13-Oct SUNDAY
D I N N E R	Cream of Mushroom * Chicken bites Mashed Potatoes Carrots Pears	Barley Soup * Steak and Onion Mashed Potatoes Broccoli Squares	Cream of Broccoli Sweet and Sour Pork Mashed Potatoes Rice Pilaf Yellow Beans Apple ,cranberry and pear crisp	Vegetable Soup Salisbury Steak with Fried Onions and Mushroom Mashed Potatoes Cauliflower Melon	Cream of Cauliflower Poached Fish White Sauce Mashed Potatoes Peas Peaches	Cream of Chicken BBQ Rib Mashed Potatoes Rice pilaf Green Beans Grapes	Rice Soup Baked Ham Scalloped or Mashed Potatoes Cream Corn Pie
S U P P E R	Cream of Mushroom Chicken Sandwich Cole Slaw Spice Cake	Barley Soup Rappie Pie Brown Bread Fruit Cocktail	Cream of Broccoli Spaghetti and Meatsauce Garlic Bread Pudding	Vegetable Soup Pancake Sausage Pineapple Cake	* Cream of Cauliflower Chicken Stew Biscuit Pumpkin Tarts	Corn Chowder Rolls Apple Sauce	Rice Soup Corned Beef Hash Chow chow Blueberry Cobbler

Menu may change without notice

HS Snack Menu Sweet Bread	Pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	Crackers With Peanut Butter or Cheese
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